



## PNMI Training Handout #4

## Standard 31 – Frequency Assignment

<b>Client: Johnny O'Brian</b>		
<b>Goals , Objectives, Interventions and Strengths to Address Specific Vulnerabilities/Needs:</b>		
<b>Vulnerability/Symptom/Need/Impairment in Daily Living 1:</b>  Chronic depressed mood, conflicts with peers, chronic irritability and frequent anger explosions.	<b>Strengths that Support Positive Outcomes</b>  Described as able to listen to advice, estimated to be slightly above average intelligence, reported as insightful.	<b>Source: (Diagnosis/Evaluation/Assessment Utilized as Source)</b> 12/1/15 CANS; 1/16/16 Diagnosis of Depressive Disorder NOS by Dr. Sam Pill.; 1/15/16 Biopsychosocial History/Assessment by Group Home Clinician Mary Nice, LCSW; Dr. Pill's Psychiatric Evaluation 1/16/16

(5+2 Example)

<b>Goal 1: (Anticipated Outcome)</b> <b>Johnny will regularly exhibit a positive mood, a calm affect and a pro-social attitude.</b>					
<b>Objectives ( incorporate strengths as appropriate):</b>	<b>Service Type:</b>	<b>Service Description:</b>	<b>Session Duration</b>	<b>Frequency</b>	<b>Staff Responsible:</b>
<b>1C:</b> Johnny will learn new, healthy ways of controlling his anger and will use them often. Progress will be measured by regular reports from milieu staff and youth.	Proactive Milieu Service	Milieu Coach will proactively meet with Johnny and will teach him skills that will help Johnny better control his anger. Such teachings will be chosen from a list.	15 Minutes	5 days a Week	Milieu Coach
<b>1D:</b> Johnny will learn and effectively use new healthy ways of engaging in healthy social interactions with peers and adults and will use them often. Progress will be measured by regular reports from milieu staff and youth.	Proactive Milieu Service	Milieu Coach will proactively meet with Johnny and teach him skills that will help him engage and maintain his involvement in pro-social situations with peers and adults. Such teachings will be chosen from a list.	15 Minutes	2 days a week (on different days than those indicated above)	Milieu Coach



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*(Living Skill Example)*

Goal 1: (Anticipated Outcome) Johnny will regularly exhibit a positive mood, a calm affect and a pro-social attitude.					
Objectives ( incorporate strengths as appropriate):	Service Type:	Service Description:	Session Duration	Frequency	Staff Responsible:
<b>1C:</b> Johnny will learn and often use new, healthy ways of controlling his anger and getting along with other. Progress will be measured by regular reports from milieu staff and youth.	Proactive Milieu Service	Milieu Coach will proactively meet with Johnny and will coach/teach him daily living skills including skills that will help Johnny better control his anger and enhance his social skills. Coaching/teaching approaches can be chosen from a pre-arranged list.	15 Minutes	7 days a Week	Milieu Coach

*(2 Objectives, same service Example)*

Goal 1: (Anticipated Outcome) Johnny will regularly exhibit a positive mood, a calm affect and a pro-social attitude.					
Objectives ( incorporate strengths as appropriate):	Service Type:	Service Description:	Session Duration	Frequency	Staff Responsible:
<b>1C:</b> Johnny will learn new, healthy ways of controlling his anger and will use them often. Progress will be measured by regular reports from milieu staff and youth.	Proactive Milieu Service	Milieu Coach will proactively meet with Johnny and will teach him skills that will help Johnny better control his anger. Such teaching/coaching approaches can be chosen from a list.	15 Minutes	Daily	Milieu Coach
<b>1D:</b> Johnny will learn and effectively use new healthy ways of engaging in healthy social interactions with peers and adults and will use them often. Progress will be measured by regular reports from milieu staff and youth.	Proactive Milieu Service	Milieu Coach will proactively meet with Johnny and teach him skills that will help him engage and maintain his involvement in pro-social situations with peers and adults. Such teaching/coaching approaches can be chosen from a list.	15 Minutes	Daily	Milieu Coach